

Supplementary material 1 - Descriptive statistics, characteristics of the sample studied: comorbidities and medications currently in use, expressed in absolute numbers (n) and frequency (%)

VARIABLES	TOTAL n=48 (100%)
Comorbidities	
Systemic arterial hypertension	30 (62.5)
Diabetes mellitus	16 (33.3)
Hypercholesterolemia	14 (29.2)
Rheumatic fever	9 (18.7)
Hypothyroidism	4 (8.3)
Prediabetes	3 (6.3)
Hypokalemia	3 (6.3)
Gastritis	3 (6.3)
Systemic lupus erythematosus	2 (4.2)
Gastroesophageal reflux	2 (4.2)
Hyperthyroidism	1 (2.1)
Non-alcoholic fatty liver disease	1 (2.1)
Hypercontractile esophagus	1 (2.1)
Irritable bowel syndrome	1 (2.1)
Sjögren's disease	1 (2.1)
Labyrinthitis	1 (2.1)
Person living with HIV	1 (2.1)
Epilepsy	1 (2.1)
Chronic renal failure	1 (2.1)
Anemia	1 (2.1)
Chronic bronchitis	1 (2.1)
Asthma	1 (2.1)
Noonan's syndrome	1 (2.1)
Medications in current use	
Diuretics	33 (68.8)
Antiplatelet (acetylsalicylic acid)	27 (56.3)
Beta-blockers	20 (41.7)
Oral antidiabetics	16 (33.3)
Hypocholesterolemic agents	14 (29.2)
Antianginal agents	13 (27.1)
Coronary vasodilator	12 (25)
Angiotensin-converting enzyme inhibitors	11 (22.9)
Aldosterone antagonist	11 (22.9)
Proton pump inhibitors	7 (14.6)
HMG-CoA reductase inhibitor	6 (12.5)
Antihyperuricemics	5 (10.4)
Angiotensin receptor antagonist	5 (10.4)
Thyroid hormone replacement	4 (8.3)
Antiplatelet (clopidogrel)	4 (8.3)
Anti-ischemic	4 (8.3)
Vitamin supplements	4 (8.3)
Calcium channel blockers	3 (6.3)
Antiarrhythmics	3 (6.3)
Anticoagulant (warfarin)	3 (6.3)
Anticonvulsants	1 (2.1)
Antibiotics	1 (2.1)

Antidepressant	1 (2.1)
Antidementia	1 (2.1)
Vasculoprotective	1 (2.1)
Insulin	1 (2.1)
Peripheral vasodilator	1 (2.1)
Vitamin D	1 (2.1)

Note: Recruited patients could have more than one comorbidity and use one or more medications.